

## Nut Aware Policy

Effective February 2022

At Brabham Primary School, our aim is to provide a safe learning environment for all people in our school community. To support this we are a 'Nut Aware School'. This policy aims to increase our school community awareness and in doing so will minimise the risks to students, staff, volunteers and visitors with documented allergies to nut products.

### WHY?

Anaphylaxis is a severe form of allergic reaction which is potentially life threatening. There are many causative agents for anaphylaxis with nuts often being the precipitative factor. Anaphylaxis is preventive and avoidance of specific triggers is by far the best option. Management is via immediate injection of adrenaline and emergency transfer to hospital. Knowing this we encourage parents, children and staff to avoid bringing foods that contain nuts to school.

Products that contain nuts may include:

- *Nuts*
- *Peanut butter*
- *Nut spreads such as Nutella*
- *Nut bars and muesli bars*
- *Some biscuits*
- *Chocolates and any other products that have nuts listed in the ingredients*

Our school acknowledges that it is impractical to ask parents not to send foods that state 'may contain traces of nuts' on the label. This Nut Aware Policy applies to those ingredients specifically listed on the product label.

### SCHOOL RESPONSIBILITIES

- Reinforce appropriate avoidance and management strategies.
- Keep updated Health Care Plan information and a photo in the relevant classrooms and the first aid room.
- On advice from a Health Care Plan, individual classes may need to develop class specific measures.
- Ensure that the canteen and other school lunch providers honour the *Nut Aware Policy*.

### INDIVIDUAL ANAPHYLAXIS HEALTH CARE PLAN

Admin will ensure that an individual *Anaphylaxis Health Care Plan* is developed in consultation with the student's parents/guardians, for any student who has been diagnosed by a medical practitioner as being at risk of anaphylaxis. The Individual Anaphylaxis Health Care Plan will be in place as soon as practicable after the student is enrolled, and where possible before their first day of school.